

## DISTRICT REPORT

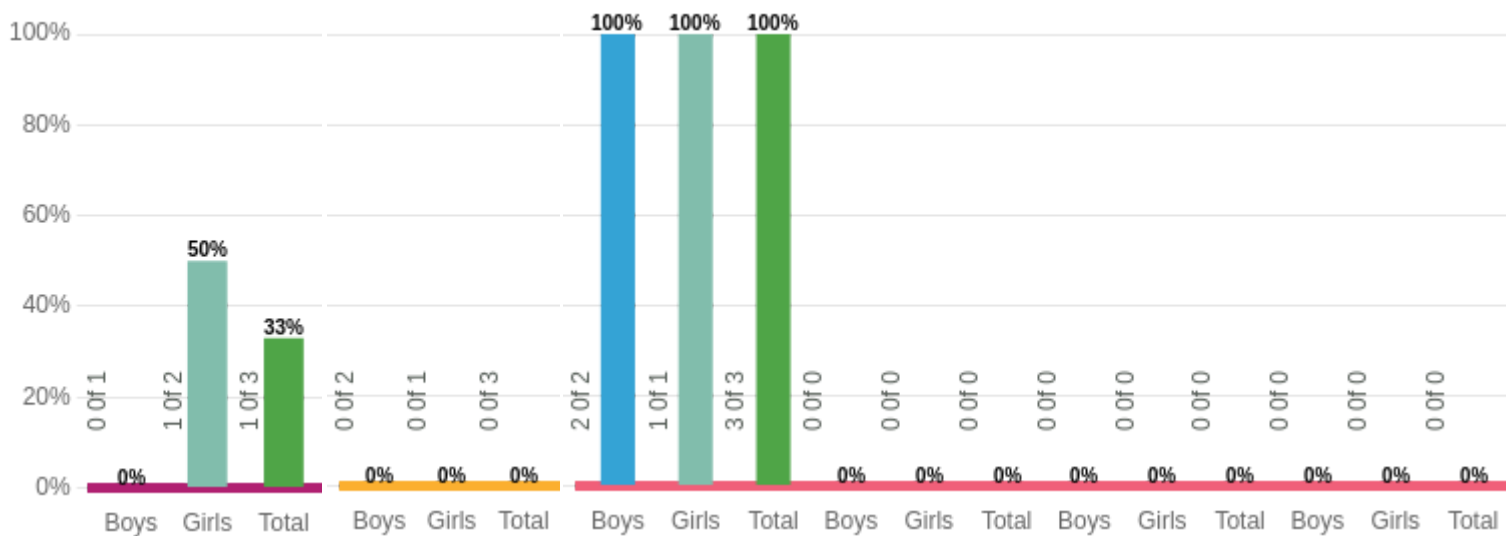
Summary

### Gold\_dist\_812024

08/31/2024

Grades : KG - 12 | Pre, Post, Other | 7/1/2024 to 6/30/2025

### ✓ STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



Heart Health	Body Health	Muscle Fitness			
Aerobic Capacity	Body Composition	Upper Body Strength / Endurance	Abdominal Strength / Endurance	Trunk Extensor Strength	Flexibility

### ⚠ STUDENTS IN NEEDS IMPROVEMENT ZONE (NI)

NI: Needs Improvement	NI-HR: Needs Improvement - Health Risk	VL: Very Lean	For more information please visit <a href="https://www.cdc.gov/healthyweight">cdc.gov/healthyweight</a>
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Heart Health	Body Health	Muscle Fitness			
Aerobic Capacity	Body Composition	Upper Body Strength / Endurance	Abdominal Strength / Endurance	Trunk Extensor Strength	Flexibility

	Aerobic Capacity	Body Composition	Upper Body Strength / Endurance	Abdominal Strength / Endurance	Trunk Extensor Strength	Flexibility
Boys	100% (1 of 1) NI-HR: 100%   NI: 0%	100% (2 of 2) NI-HR: 100%   NI: 0%   VL: 0%	0% (0 of 2)	0% (0 of 0) NI-HR: 0%   NI: 0%	0% (0 of 0)	0% (0 of 0)
Girls	50% (1 of 2) NI-HR: 50%   NI: 0%	100% (1 of 1) NI-HR: 0%   NI: 0%   VL: 100%	0% (0 of 1)	0% (0 of 0) NI-HR: 0%   NI: 0%	0% (0 of 0)	0% (0 of 0)
Total	67% (2 of 3) NI-HR: 67%   NI: 0%	100% (3 of 3) NI-HR: 67%   NI: 0%   VL: 33%	0% (0 of 3)	0% (0 of 0) NI-HR: 0%   NI: 0%	0% (0 of 0)	0% (0 of 0)