swikruti

Average Completion : 63%



	Aerobic capacity	Body Composition	Abdominal Strength	UpperBody Strength/ Endurance	Trunk Extensor Strength	Flexibility	Vertical Jump	Hand Grip	Average
Platinum_01/08	0%	80%	100%	40%	100%	0%	80%	100%	63%
St Mary's School 3 Students	0%	67%	100%	0%	100%	0%	100%	100%	58%

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08/29/2024

Grades : KG - 12

FitnessGram Completion Report

FIT	NESS GRAM [®]
	by GreenLight Fitness

	Aerobic capacity	Body Composition	Abdominal Strength	UpperBody Strength/ Endurance	Trunk Extensor Strength	Flexibility	Vertical Jump	HandGrip	Average
St teresa 2 Students	0%	100%	100%	100%	100%	0%	50%	100%	69%

