FitnessGram Completion Report



08/28/2024 swikruti Grades: KG - 12

Average Completion: 88%

7/1/2024 to 6/30/2025

Aerobic Capacity	Body Composition	Abdominal Strength	Upper Body Strength/ Endurance	Trunk Extensor Strength	Flexibilty	Vertical Jump	HandGrip
40%	60%	140%	40%	140%	60%	100%	120%
Completed	Completed	Completed	Completed	Completed	Completed	Completed	Completed
2 Completed	3 Completed	7 Completed	2 Completed	7 Completed	3 Completed	5 Completed	6 Completed
3 Incomplete	2 Incomplete	-2 Incomplete	3 Incomplete	-2 Incomplete	2 Incomplete	0 Incomplete	-1 Incomplete

	Aerobic capacity	Body Composition	Abdominal Strength	UpperBody Strength/ Endurance	Trunk Extensor Strength	Flexibility	Vertical Jump	Hand Grip	Average
Platinum_01/08	40%	60%	140%	40%	140%	60%	100%	120%	88%
St Mary's School 3 Students	67%	33%	100%	0%	100%	33%	67%	100%	63%



FitnessGram Completion Report



	Aerobic capacity	Body Composition	Abdominal Strength	UpperBody Strength/ Endurance	Trunk Extensor Strength	Flexibility	Vertical Jump	HandGrip	Average
St teresa 2 Students	0%	100%	200%	100%	200%	100%	150%	150%	125%



